

NEW MOON PLANNING

NEW MOON

Dreams

What does your heart truly desire? How do you want to feel moving forward? What dreams, wishes, intentions, and goals do you want to manifest? What specific projects and tasks will you focus on during this lunar cycle?

Date:

WAXING CRESCENT MOON

Courage

What actions are you taking to align yourself with your dreams, wishes, intentions, and goals? How can you build courage and determination to follow through with your plans?

Date range:

FIRST QUARTER MOON

Momentum

What challenges or obstacles do you anticipate will arise during this time? How will you overcome the challenges and obstacles in your path? Is there anything holding you back that you need to let go of? How can you continue to build momentum?

Date:

WAXING GIBBOUS MOON

Adaptability

Have your desires changed, and if so, how? What adjustments, tweaks, or refinements do you need to make to your intentions, goals, projects, and tasks? In what ways will you course correct or recommit to your dreams?

Date range: